

Northeastern Pennsylvania's Twenty-Sixth Running

STEAMTOWN MARATHONSM



OFFICIAL
RESULTS 2023

Northeastern Pennsylvania's Twenty-Sixth Running

STEAMTOWN MARATHONSM

DeSisto Claims Steamtown Crown

Scott Walsh, Scranton Times-Tribune

SCRANTON — It didn't matter how far ahead of him Tom Beilby got. Robert DeSisto Jr. stuck to his game plan and ran his pace.

When Beilby slowed and dropped back, DeSisto had more than enough to overtake him and pull away to victory.

DeSisto won the 26th Steamtown Marathon on a chilly, windy Sunday. The 27-year-old from Mableton, Georgia, covered the 26.2-mile trek from Forest City High School to Courthouse Square in Scranton in 2 hours, 25 minutes and 18.37 seconds. That was almost 12 minutes ahead of the runner-up.

"You have to trust your fitness and trust that you're running your race," DeSisto said. "Even if someone is out ahead of you or someone is closing in on you, if you stay with what you're doing everything is going to work out in the end."

Loc O, 46, from Williamsburg, finished second in 2:37:06.36. Beilby, an Australian who lives in Denver, Colorado, finished third in 2:38:21.35. Rounding out the top five were Andrew Whitacre of Leesburg, Virginia, in 2:38:32.40 and Caleb Bendewald from Granbury, Texas, in 2:38:48.35.

Heidi Peoples won the women's race for a record seventh time. The 43-year-old runner from Clarks Summit crossed the finish line as the first female and 11th overall in 2:43:17.17. That time set the Female Masters Division record, surpassing the previous mark of 2:52:58 set

by Jen Locke in 2001.

Peoples also won Steamtown in 2008, 2010, 2012, 2015, 2018 and 2019.

Karen Bertasso Hughes of Selkirk, New York, was second in 2:48:57, while Scranton's Clare Schoen was third in 2:54:56.

At the start of the race, DeSisto and Beilby broke away from the rest of the field. They ran side-by-side for the first four miles before Beilby moved ahead. He opened a 20-second lead at Mile 7 and extended it to 25 seconds at Mile 8.

Even though he had fallen behind, DeSisto resisted the temptation to chase Beilby. He knew about the downhills in the opening miles and conserve his

energy for the uphills in the final three miles.

"I kind of made up my mind that I didn't want to have anything faster than like 5:27, 5:28 on those early miles rolling down into Carbondale," DeSisto said. "Tom opened up a gap on me, it stayed there a bit. I just knew those last hills were coming. I didn't want to gas myself. I just wanted to run controlled until 90 minutes or so and then start pushing."

But DeSisto didn't have to chase Beilby. At the midpoint of the race, Beilby began to struggle and came back to him.

The margin shrunk to 11 seconds at Mile 11, seven seconds at Mile 12 and five seconds at the half (13.1 miles). DeSisto pulled alongside Beilby in Mile 14 and had a two-second lead at Mile 15.

From there, he kept putting distance between him and Beilby until Beilby fell out of sight.

"I kept running my same pace. I think it was more him dropping a little bit off the pace than me really picking it up," DeSisto said. "That happens at this. Those first 10 (miles) can really shoot your legs if you go too hard. I didn't want that to happen because it would make for a real painful (miles) 23 to 26. So it was about being in control, not getting too emotional, not letting other things impact the way I was running my race."

All that remained was for DeSisto to make it to the finish line, which he did without incident.

"You do a lot of training, a lot of miles by yourself," DeSisto said. "To kind of see it all come together on race day almost makes everything kind of worth it; all that stuff you put in to run it fast. It was a great day, perfect marathon weather. Little bit of a headwind, but other than that it was a perfect race day set up for me. I'm really happy about it."

Meanwhile, Beilby continued to drop back. That enabled O to pass him for second around Mile 21.

It is the best overall finish in seven marathons for O, who placed seventh at Steamtown in 2019 in 2:34:53, which ranks as the second-fastest Men's Masters time.

"I just was able to pick runners off," O said. "I'm a Masters runner, so I was happy with my overall finish."

"I like the area. Scranton has always been good to me."

Steamtown was the second marathon for DeSisto, who originally is from Westford, Massachusetts, and ran at New York University. He ran the Houston Marathon in January and finished in 2:33:58.

He was looking for a fall marathon and remembered coming to Steamtown in 2018 to support his friend and NYU teammate Neil Saddler, who finished second overall.

"I love it. This place is beautiful this time of year with the trees," DeSisto said. "The course is fantastic, even on a hot day because it's so shaded. You're going to have a good time out there. It's really fun to run through the different communities along the way, see the folks come out. The gravel part was fun; that's when the legs started to feel like a marathon. I love this area."



Robert DeSisto, Jr., Men's Champion
PHOTO BY JIM CUMMINGS

Northeastern Pennsylvania's Twenty-Sixth Running

STEAMTOWN MARATHONSM

Peoples Grabs Seventh Steamtown Title

Scott Walsh, Scranton Times-Tribune

SCRANTON — Chalk it up to the home-course advantage.

Heidi Peoples ran the Steamtown Marathon numerous times and knew what to expect. Karen Bertasso Hughes was running the race for the first time and didn't know what to expect.

So it's not surprising Peoples used her experience to pull away from Bertasso Hughes in the second half of the race and add to her victory total.

For a record seventh time, Peoples won the women's race. The 43-year-old runner from Clarks Summit completed the 26.2-mile run from Forest City High School to Courthouse Square in downtown Scranton on a chilly, windy Sunday in 2 hours, 43 minutes, 17.17 seconds, making her the first female finisher and 11th overall. Her time set the Female Masters Division record, surpassing the previous mark of 2:52:58 set in 2001 by Jen Locke.

"It's a huge advantage, being a local and seeing the course several times and knowing the mistakes you can make," said Peoples, whose other Steamtown wins came in 2008, 2010, 2012, 2015, 2018 and 2019.

Bertasso Hughes of Selkirk, New York, wound up second in 2:48:55.84. Scranton's Clare Schoen was third in 2:54:55.09. Rounding out the top five were Kate Guy from Churchill, Ontario, Canada in 3:00:41 and Amber Coppolo of Saratoga Springs, New York, in 3:01:18.

A veteran of 27 marathons, Bertasso Hughes projected she would run 2:40 on Sunday at Steamtown.

Peoples, meanwhile, was coming off running 1:15:53 at the Philadelphia Distance Run Half Marathon on Sept. 17.

"I was more focused on the Masters record. I just had a great half-marathon a few weeks ago, so I was focusing on that," Peoples said. "I saw the time Karen put in, a sub 2:40, and I knew if she ran that I don't think I had that in me today. But, I was going to give it my best shot."

For the first half of the race, Peoples and Bertasso Hughes took turns leading with the other just yards behind. However, around Mile 15, Bertasso Hughes' inexperience began to take its toll.

"I didn't know what to expect going into this," Bertasso Hughes said. "They always warn you about the downhills. I don't know if it was the downhills, the wind or just me in general, I just felt it around Mile 15. My gluts were cramping up a bit and got some blood blisters on my feet. It was a little bit of a struggle."

While Bertasso Hughes was starting to fade, Peoples stayed strong. She gradually pulled away and won by a little more than 5½ minutes.

"Early on, I wanted to make sure I didn't go out too fast," Peoples said. "I thought I was in pretty good shape, but Steamtown is a deceiving one you can easily get sucked into with the downhill. But, I tried to hold back a little bit. Once I went through the halfway point, I thought if I was good for a few more miles I could start

picking up the pace or keeping the pace I was at."

There was a buzz in the crowd gathered at Courthouse Square upon hearing updates that Peoples was leading. As she approached the finish line, they cheered loudly for the local woman.

"That definitely helps and brings a lot of energy. I'm so happy to hear that," Peoples said. "I want to thank everyone who cheered and were excited because it gets me excited and helps me out a lot."

Although she finished second, Bertasso Hughes was grateful to do so since she considered dropping out when she began to struggle.

"I didn't think I was going to finish," Bertasso Hughes said. "I had a friend who I told to meet me at Mile 20 because I wasn't feeling great and was going to call it a day. But, I never saw her until Mile 25. So I figured I might as well finish this, what's one more mile."

"I heard nothing but great things about this race, so I really wanted to come check it out. It's a great event. Maybe one day with a tailwind and training for the downhill. But it was fun, even though it was really painful at times."

Schoen, the former Scranton Prep and Misericordia University standout, ran her second Steamtown (fourth marathon overall) and was the third-finishing female for the second year in a row.

She laughed when asked if she ever got within striking distance of the top two runners.

"I was in my own little world back in third place," Schoen said. "But I had a good group of guys around me and I get to run the course a lot, so I was able to mentally stay engaged with it."

"I'm thrilled, this is great. This is what I wanted to do today."

I figured I could be under 2:55. I definitely trained to go for that number, so I'm happy to have it. Now I'm happy to rest."

Last year, Peoples was disappointed to finish second at Steamtown. So she definitely was relishing Sunday's win.

"I just felt like I fell apart, I was getting old and everything was done," Peoples said. "I can't take anything for granted. I don't know how long this high will last. So if this is my last one, at least I went out on a high note."

Might Sunday have been Peoples' final race?

"I'll be happy if it is," she said. "But you see the community and you always get sucked back into it. I can't say for sure. It depends on where I'm at health-wise and everything else."



Heidi Peoples, Women's Champion
PHOTO BY JIM CUMMINGS

Northeastern Pennsylvania's Twenty-Sixth Running
 STEAMTOWN MARATHONSM

And the Winners Are...

Hand Cycle

			Gun
1)	Chuck Canfield	Macungie	PA 1:46:54
2)	Rob Leiser	Nazareth	PA 2:35:59

Men Overall

1)	Robert DeSisto Jr.	Mableton	GA 2:25:19
2)	Loc O	Williamsburg	PA 2:37:07
3)	Tom Beilby	Denver	CO 2:38:22
4)	Andrew Whitacre	Leesburg	VA 2:38:33
5)	Caleb Bendewald	Granbury	TX 2:38:49

Masters Men

1)	Noel Guy	Churchill	ON 2:41:17
2)	Mirek Baranowski	Brodheadsville	PA 2:41:47
3)	Brandon Ginsburg	Wappingers Falls	NY 2:46:57

Local Men

1)	Mirek Baranowski	Brodheadsville	PA 2:41:47
2)	Ellis Aikey	Bloomsburg	PA 2:43:49
3)	Brandon Fogarty	New Ringgold	PA 2:48:26

Iron Horse (Men)

1)	Marty McAndrew	Dalton	PA 3:23:19
2)	Cameron Killian	Wilkes Barre	PA 3:34:20
3)	Derek Hitesman	Wayland	NY 3:39:56

Big Boy (Men)

1)	Jamie Sinasac	Stephenson	VA 4:13:07
2)	Bryce Harrison	Shickshinny	PA 4:18:50
3)	Gerard Longo	Dunmore	PA 4:37:18

Men Under 25

1)	Evan Rogotzke	Rochester	NY 2:40:49
2)	Ellis Aikey	Bloomsburg	PA 2:43:49
3)	Brandon Fogarty	New Ringgold	PA 2:48:26

Men 25 - 29

1)	Justin Skavery	Mount Carmel	PA 2:45:07
2)	Frederick Wilson II	Baltimore	MD 2:56:32
3)	Bryan Baratian	New York	NY 2:57:42
4)	Orion Boylston	Severna Park	MD 2:57:50

Men 30 - 34

1)	Jeff Bash	Collingswood	NJ 2:40:43
2)	Tim Macken	Ridgewood	NY 2:45:34
3)	Donald Bird	Clarks Summit	PA 2:50:25
4)	Troy Reinsel	Butler	PA 2:51:33
5)	Tom Wilson	Ridgewood	NY 2:53:49

Men 35 - 39

1)	Tommy Pearson	Lititz	PA 2:42:29
2)	Nate Tagg	Lancaster	PA 2:45:51
3)	Ryan Johnson	Gaithersburg	MD 2:46:25
4)	Tripp Southerland	Earlysville	VA 2:51:06
5)	Matthew Prybella	Jamison	PA 2:51:55

Men 40 - 44

1)	Matthew Richardson	Silver Spring	MD 3:01:41
2)	Daniel Lennox	Pawling	NY 3:05:32
3)	Michael Citro	Wynnewood	PA 3:07:04
4)	Bill Burgess	Bethesda	MD 3:08:20
5)	Andrew Quigg	Chagrin Falls	OH 3:08:42

Men 45 - 49

1)	Jason Rimmer	Dillsburg	PA 2:56:16
2)	Kip Hoffman	Watsontown	PA 2:58:17
3)	Mike Lockmeyer	Rutherford	NJ 3:02:52
4)	Kamil Duzynski	Somers	NY 3:08:27
5)	J. Adrian Morales	Gaithersburg	MD 3:11:14

Men 50 - 54

1)	Paul O'Hora	Scranton	PA 2:53:10
2)	Scott Avidon	Fair Lawn	NJ 3:07:08
3)	Paul Shaffer	West Pittston	PA 3:13:35
4)	Xiwu Lin	Collegeville	PA 3:16:26
5)	Harry Huang	Broomall	PA 3:17:49

Men 55 - 59

1)	Hugo Vadillo	Wood Ridge	NJ 3:12:30
2)	Ramon Taveras	Flushing	NY 3:22:22
3)	Ralph Ferraro	Scranton	PA 3:25:08
4)	Michael Schreder	Charlotte	NC 3:27:24
5)	Pete Carmen	Fayetteville	NY 3:27:56

Men 60 - 64

1)	James Nolan	Collegeville	PA 3:10:27
2)	Luigi Buffone	Frankfort	IL 3:20:56
3)	Scott Armstrong	Pottstown	PA 3:23:32

Men 65 - 69

1)	Nicholas DiMascio	Reading	PA 3:34:43
2)	Lou Grunfelder	Florham Park	NJ 3:46:14
3)	Michael Leary	Ellwood City	PA 3:46:43

Men 70 +

1)	Bill Fiore	Clarks Green	PA 4:24:24
2)	Rick Fillman	Jersey Shore	PA 4:59:11
3)	Steve Kopko	Old Forge	PA 4:59:25

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And the Winners Are...

Women Overall

			Gun
1)	Heidi Peoples	Clarks Summit	PA 2:43:18
2)	Karen Bertasso Hughes	Selkirk	NY 2:48:57
3)	Clare Schoen	Scranton	PA 2:54:56
4)	Kate Guy	Churchill	ON 3:00:41
5)	Amber Coppolo	Saratoga Springs	NY 3:01:18

Masters Women

1)	Megan Hansen	Middletown	VA 3:03:01
2)	Latoya Harwell	Gales Ferry	CT 3:15:35
3)	Katie Bicksler	Boiling Springs	PA 3:23:09

Local Women

1)	Heidi Peoples	Clarks Summit	PA 2:43:18
2)	Clare Schoen	Scranton	PA 2:54:56
3)	Samantha Snead	Blakely	PA 3:16:07

Anthracite (Women)

1)	Kerri Haskins	Danville	NH 5:59:55
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Phoebe Snow (Women)

1)	Allie Dyson	Berkshire	NY 4:11:00
2)	Carla Lytle	Dunbar	PA 4:13:39
3)	Christine Filer	Union City	NJ 4:40:31

Women Under 25

1)	Erin Atkinson	Winchester	VA 3:21:55
2)	Emma Helstrom	Philadelphia	PA 3:22:59
3)	Bianca Pourmussa	Philadelphia	PA 3:23:18

Women 25 - 29

1)	Karalyn Schmidt	Conshohocken	PA 3:23:39
2)	Kendall Sigman	Adamstown	MD 3:24:07
3)	Ashley Schappe	Schuylkill Haven	PA 3:25:24
4)	Taxia Arabatzis	Saco	ME 3:27:23

Women 30 – 34

1)	Amanda Fox	Sunnyside	NY 3:03:39
2)	Ali Huber	Middleburg	PA 3:09:57
3)	Jane Brinks	Haverford	PA 3:15:50
4)	Jenna Garrity	Morton	PA 3:18:01
5)	Laura Frazho	Henrico	VA 3:21:07

Women 35 – 39

1)	Kara Mondoskin	Devon	PA 3:10:31
2)	Lindsay Cathro	Alexandria	VA 3:16:04
3)	Samantha Snead	Blakely	PA 3:16:07
4)	Erin Nomland	Oley	PA 3:18:22
5)	Megan Natale	Sugarloaf	PA 3:23:34

Women 40 – 44

1)	Karolina Viquez	San Jose	3:25:13
2)	Jennifer Schramm	Harrison	NY 3:28:29
3)	Laureen Sheypuk	Clarks Summit	PA 3:32:32
4)	Jennifer Surmick	Drums	PA 3:35:23
5)	Shana Keeler	Old Forge	PA 3:38:11

Women 45 – 49

1)	Kathleen Monforto	Laurel Springs	NJ 3:24:03
2)	Michelle Mariotti	Old Forge	PA 3:25:31
3)	Taylor Bain	Austin	TX 3:26:07
4)	Melanie Tremblay	Brossard	QC 3:36:56
5)	Gretchen Vassar	Parkton	MD 3:38:39

Women 50 - 54

1)	Sonya Weber-Peters	Annville	PA 3:43:51
2)	Jennifer Goodman	Bayville	NJ 3:45:00
3)	Lisa Bleyzer	Thiells	NY 3:50:23
4)	Laura Bunte	Sparks Glencoe	MD 3:58:16
5)	Leslie Moran	Scranton	PA 3:58:43

Women 55 – 59

1)	Caitlin Loehr	Ithaca	NY 3:28:44
2)	Kathleen Keller	Berwick	PA 3:52:25
3)	Mary Ann Lawrenson	Thompson	PA 3:56:33
4)	Kristen Savola	Charlottesville	VA 4:02:07
5)	Vijaya Para	Marlboro	NJ 4:03:36

Women 60 – 64

1)	Hilary Goodman	Spring House	PA 3:25:51
2)	Jean Norton	Wurtsboro	NY 3:53:34
3)	Amber Rader	Moseley	VA 4:03:14

Women 65 – 69

1)	Stephanie Danahy	Winchester	VA 4:09:52
2)	Peggy Flood	New London	CT 4:51:38
3)	Patty Phillips-Pavlock	Hanover Township	PA 5:25:40

Women 70+

1)	Nancy Werthmuller	Scott Township	PA 7:06:13
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**Forest City Regional School District
Superintendent Daniel Gilroy (right) accepts
the Honorary Race Chairperson award from
Steamtown Race Director Bill King.**

Please forward your suggestions for improving
The Steamtown Marathon to
racecommittee@hotmail.com.

Northeastern Pennsylvania's Twenty-Sixth Running

STEAMTOWN MARATHONSM



The Steamtown Marathon 2023 Testimonials

This race has all the charm of a hometown race and the organization of one much larger. You feel like you're in on inside jokes before you even step foot in Forest City thanks to hilarious (and informative) race communication emails from the assistant race director Jim Cummings. The volunteers and spectators are equally warm and welcoming. This race was such a good time. The route takes you through a wide variety of areas so you'll never get bored. The wooded trail section is gorgeous in the fall and the residential areas are bustling with homemade aid stations, music, and cheering. This race has so much heart, you leave Scranton glowing from it. I hadn't heard of this race prior to this year (I'm out of state) but the word needs to be spread far and wide: everyone will be better for having experienced Steamtown.

K. C. from New Jersey

I enjoyed it enough to sign up for a second. The other runners on the course were incredible and the spectator spots were in the right place for the added boost. After the half mark there is a stretch of beauty and solitude on the bike path. The time of year makes for the best foliage. The big hill by the end has wonderful supporters who knew the right ways to motivate me stay running. One day I hope to return.

E. N. from New Mexico

The best thing about this race hands down are the volunteers, especially the high school kids. Their energy, enthusiasm and hospitality were outstanding.

I loved the fact that runners got to stay warm inside Forest City High School instead of being exposed to chilly weather pre-race. What I loved most was freshly-cooked food at the finish line. I get chills after a race so I really appreciated the soupy stuffs.

I would recommend this race.

H. K. from New York

First time running this marathon and only my 2nd marathon. This was a fantastic event, from the organization to amazing community support. The number of water and Gatorade stations, port-a-potties and all of the cheerleaders and house parties along the route made this race so much fun! I just need to find a place to hill train - it's difficult when you live in an area called Big Flats!

A. N. from NY

The post-race festivities are first-rate, starting and ending, for me, with the hot perogies. And of course, the spectators are, well, spectacular! For such a relatively small race, it is truly amazing to see so many people, out and cheering for random running strangers. If I planned to continue doing marathons, and I only did one per year, this would be it. Highly and unreservedly recommended.

W.A. from NY

Northeastern Pennsylvania's Twenty-Sixth Running

STEAMTOWN MARATHONSM



The Steamtown Marathon 2023 Testimonials

The group that organizes and manages this race have thought of everything. Everyone I heard talking about it was in agreement that it was the most organized, thoughtful, and creative marathon experience they had ever been involved in. The support from volunteers and the local communities is overwhelming. This is a world class experience with a small-town feel.

D. K. from New York

A beautiful course, spectacular autumn scenery. The greater Scranton area is so welcoming to the runners - and the organization of the race is flawless!

R. S. from MD

The Steamtown Marathon is very organized. The race committee does an amazing job communicating with all entrants from the minute you sign up until a month or two post-race. I promise you will love the emails. The course is very good for a Boston qualifier or a first marathon or anything in between. This race also is a smaller race if that is better for you. It's a point-to-point race. It starts at Forest City High School. This gives you time to warm up inside the school before the start. A huge plus compared to bigger fall races. The volunteers are exceptional at every level. A free post-race massage is offered too. Thats another small-town race benefit. Many people run this more than once. That says enough about this race alone.

M.G. from PA

First time running Steamtown. What an awesome race and what tremendous organization! Everything was so well staffed and timed out, the packet pickup, the bus transportation to the start, the wonderful kids at the school who were so full of cheer and energy, the volunteers and supporters along the course and the many fire and rescue, police, and first aid personnel we saw all along the course, AND that amazing finish line hot food. ALL Wonderful. Thank you so much. There's a lot for the people of Forest City, Scranton and all of the places along the course to be proud of at the Steamtown Marathon, and it shows!

Bob Worrell Ruckle

This was my first marathon and I must thank you and everyone who helped put it on! I am so happy I came back home to run my first marathon. It was truly one of the best days and races ever. I know I will be back again!

Jessica Amabile

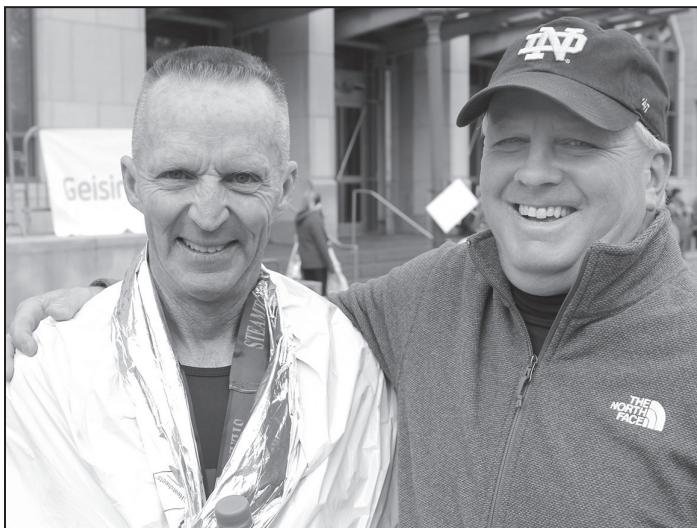
Such a fantastic race. Thanks for all your work. A top race in the country!

Roselle Schutte

This was my first marathon, but from what I saw and what has been said it might just be the best one I ever do! From the packet pick up to the finish line everything was smooth sailing (except from mile 21 on lol) but in all seriousness the spectators and volunteers were so supportive and is what pushed me to the finish line! I'll definitely be back! Thank you!

Cory Dane









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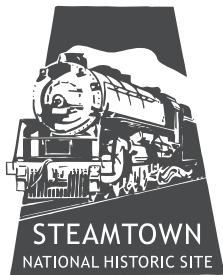
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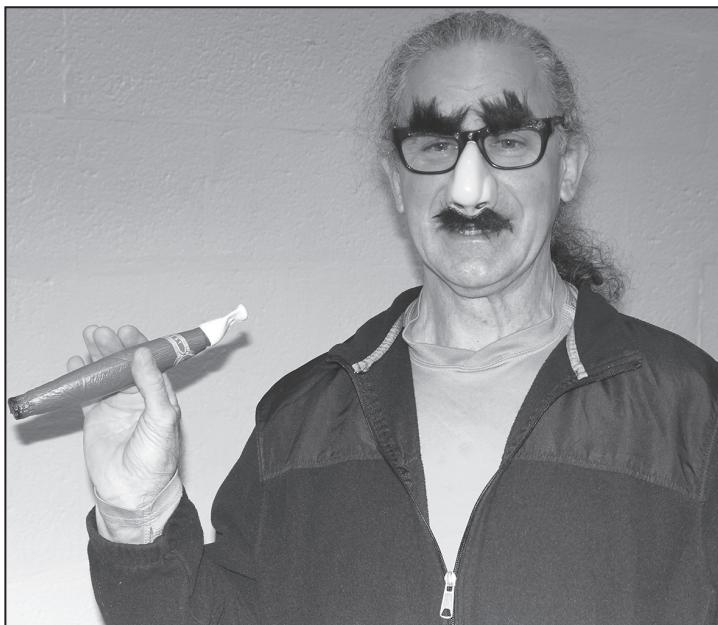
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Northeastern Pennsylvania's Twenty-Sixth Running

STEAMTOWN MARATHONSM

A special thank you to the following "Friends of the Marathon."

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- Archbald Community Ambulance
- Blakely Community Ambulance
- Carbondale Cheerleaders
- Cottage Hose Ambulance
- Dickson City Community Ambulance
- Dr. Kirk Hinkley, MD
- Dr. Thomas Krisandra, MD
- EJ the DJ
- Elk Mountain Ski Patrol
- Federal Building Team
- Forest City Area Emergency Services
- Forest City High School Cheerleaders, National Honor Society, and Student Council
- Geisinger CMC Podiatry Residency Program
- Greenfield Fire Company
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- Johnson College Physical Therapist Assistant Program
- Kathy Kreis
- Ken McGraw
- Kings College Athletic Training Program
- Lehigh Valley Hospital - Dickson City
- Marywood University Athletic Training Program
- Marywood University (Traffic Control)
- Marywood University Basketball Team (Finish Line)
- Matt Pompey – Scranton Dodge
- Misericordia University (Traffic Control)
- Montage Mountain Ski Patrol
- Olyphant Community Ambulance
- PennDOT
- PennServe
- Pennsylvania Ambulance
- Police and Fire Departments Along the Course
- The Commonwealth Medical College
- The Employees of Canada Dry/
Royal Crown of Scranton
- Kathleen Jobes
- Saint Joseph's Center
- Wm. Walker Hose Co. Ambulance

Steamtown Marathon Race Committee

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- Tim Rowland
- Tim Ritchie
- Rick Tornambe
- Cynthia Weiss
- Bill West
- Ted Zwiebel

Thank You Mile Sponsors!

- | | |
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Aid Stations

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| <ul style="list-style-type: none"> • Jessica and Sal Caterino • Dean Brewer and the Montrose Cross Country Team • Dave Marsico and the Old Forge Cross Country Team • Rachel Palko and the Western Wayne Honor Society • MaryAnn Gable and the Penn State Alumni Group • LeeAnn Spalding and the employees of Gentex • Corey Foote and Carbondale Area HS • Don Mosley and the Mayfield Lions • Heather Horsley and Abington Heights HS • The Chris Matise Family • Lisa Paone and Valley View HS • Alex Higley and the Holy Cross Country Team • Laura Evans and Lackawanna Trail Jr Field Hockey Team | <ul style="list-style-type: none"> • Vito Gentile and the Mid Valley Cross Country Team • Jim Griffiths and the Scranton HS Cross Country Team • Trip O'Malley and the Dunmore Cross Country Team • Tim Ronchi and the Lackawanna Trail Cross Country Team • Jeff Dorunda and the Scranton Prep Cross Country Team • Eagle Hose Company • Tracey and Bill Andrews • Green Ridge Care Center |
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2023 Marathon Course Captains

- | | |
|--|--|
| <p>Cynthia Weiss - Forest City/Starting Line
 Ed Osburn - Forest City/Starting Line
 Patricia Striefsky - Forest City/Starting Line
 Vandling - Chief Josh DeBevec
 Simpson - Chief Joe Unis
 Carbondale - Harry Coleman
 Childs - Ned Clarke
 Mayfield - Don Mosley
 Jermyn - Terri Policare/Dr. John Farrell</p> | <p>Archbald - Pat Munley
 Rails to Trails - Owen Worozbyt
 Blakely - Terri Policare
 Olyphant - Terri Policare
 Dickson City - Terri Policare
 Throop - Ted Zwiebel
 Scranton - Ted Zwiebel
 Finish Line - Rick Tornambe</p> |
|--|--|

The Steamtown Marathon
 c/o 321 Spruce Street, Suite 1000
 Scranton, PA 18503
www.steamtownmarathon.com

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Steamtown Marathon - Male, Fastest Times All-Time

- 1) Luke Watson
- 2) Suleman Abrar Shifa
- 3) Jacob Kirwa
- 4) Simon Cherogony
- 5) Dan Gough
- 6) Peter Kemboi
- 7) Bob Schwelm
- 8) Matt Sandercock
- 9) Eric Blake
- 10) M. Van Der Veen

- | | | | | |
|---------|------|-----------------------|---------|------|
| 2:16:41 | (10) | 1) Jen Rock | 2:39:47 | (14) |
| 2:17:30 | (16) | 2) Heidi Peoples | 2:39:48 | (10) |
| 2:17:40 | (99) | 3) Caitlin Phillips | 2:41:34 | (16) |
| 2:18:26 | (99) | 4) Charlene Lyford | 2:44:01 | (98) |
| 2:18:56 | (99) | 5) Heidi Peoples | 2:44:28 | (08) |
| 2:19:26 | (11) | 6) Kathleen Jobes | 2:44:41 | (07) |
| 2:20:59 | (98) | 7) V. Vandermissen | 2:45:02 | (98) |
| 2:21:20 | (02) | 8) Susannah Kvasnicka | 2:45:06 | (06) |
| 2:21:24 | (03) | 9) Elvira Kolpakova | 2:46:27 | (04) |
| 2:21:40 | (02) | 10) Heidi Peoples | 2:43:18 | (23) |

Male, Fastest Times All-Time, Masters Division

- 1) Terry McCluskey
- 2) Loc O
- 3) Tom Lipsie
- 4) Terry McCluskey
- 5) Glenn Baldwin
- 6) Paul Leonard
- 7) Loc O
- 8) Art Gunther
- 9) David Horvath
- 10) Chuck Moeser

- | | | | | |
|---------|------|-------------------|---------|------|
| 2:31:35 | (97) | 1) Wendy Locke | 2:52:58 | (01) |
| 2:34:53 | (19) | 2) Tammy Slusser | 2:53:49 | (08) |
| 2:35:10 | (11) | 3) Heidi Peoples | 2:54:18 | (22) |
| 2:35:39 | (98) | 4) Gina McGee | 2:54:40 | (06) |
| 2:36:32 | (99) | 5) Tammy Slusser | 2:54:44 | (05) |
| 2:36:33 | (09) | 6) Gina McGee | 2:55:34 | (05) |
| 2:37:07 | (23) | 7) Shannon McGinn | 2:55:44 | (16) |
| 2:37:22 | (14) | 8) Cindy Pomeroy | 2:56:51 | (04) |
| 2:37:26 | (97) | 9) Sharon Vos | 2:57:49 | (02) |
| 2:37:48 | (04) | 10) Heidi Peoples | 2:43:18 | (23) |

Steamtown Marathon - Female, Fastest Times All-Time

- | | | | | |
|---------|------|-----------------------|---------|------|
| 2:16:41 | (10) | 1) Jen Rock | 2:39:47 | (14) |
| 2:17:30 | (16) | 2) Heidi Peoples | 2:39:48 | (10) |
| 2:17:40 | (99) | 3) Caitlin Phillips | 2:41:34 | (16) |
| 2:18:26 | (99) | 4) Charlene Lyford | 2:44:01 | (98) |
| 2:18:56 | (99) | 5) Heidi Peoples | 2:44:28 | (08) |
| 2:19:26 | (11) | 6) Kathleen Jobes | 2:44:41 | (07) |
| 2:20:59 | (98) | 7) V. Vandermissen | 2:45:02 | (98) |
| 2:21:20 | (02) | 8) Susannah Kvasnicka | 2:45:06 | (06) |
| 2:21:24 | (03) | 9) Elvira Kolpakova | 2:46:27 | (04) |
| 2:21:40 | (02) | 10) Heidi Peoples | 2:43:18 | (23) |

Female, Fastest Times All-Time, Masters Division

- | | | | | |
|---------|------|-------------------|---------|------|
| 2:31:35 | (97) | 1) Wendy Locke | 2:52:58 | (01) |
| 2:34:53 | (19) | 2) Tammy Slusser | 2:53:49 | (08) |
| 2:35:10 | (11) | 3) Heidi Peoples | 2:54:18 | (22) |
| 2:35:39 | (98) | 4) Gina McGee | 2:54:40 | (06) |
| 2:36:32 | (99) | 5) Tammy Slusser | 2:54:44 | (05) |
| 2:36:33 | (09) | 6) Gina McGee | 2:55:34 | (05) |
| 2:37:07 | (23) | 7) Shannon McGinn | 2:55:44 | (16) |
| 2:37:22 | (14) | 8) Cindy Pomeroy | 2:56:51 | (04) |
| 2:37:26 | (97) | 9) Sharon Vos | 2:57:49 | (02) |
| 2:37:48 | (04) | 10) Heidi Peoples | 2:43:18 | (23) |